#### ATTACHMENT A

### First Stop FY17 Actual Expenditures, FY18 Budget and Requested FY19 Budget

Line Item	E	FY17 Actual expenditures*	FY18 Budget	FY19 Budget Request
Salary Expense	\$	29,509.00	\$ 43,451.00	\$ 20,984.00
Payroll Tax and Fringe Benefits	\$	4,191.00	\$ 11,211.00	\$ 6,479.00
Total Salaried Personnel Expense	\$	33,700.00	\$ 54,662.00	\$ 27,463.00
Other Direct Costs				
Contractual Services	\$	11,731.00	\$ *	\$ 
Temporary Help - for website consultant	\$	-	\$ 2,400.00	\$ 2,400.00
Staff Training	\$	-	\$ 540.00	\$ 295.00
Staff Mileage/Travel	\$	-	\$ 600.00	\$ 800.00
Program/Computer Supplies	\$	100.00	\$ 2,500.00	\$ 600.00
Total Other Direct Program Expense	\$	11,831.00	\$ 6,040.00	\$ 4,095.00
Program Support				
Advertising	\$	1,686.00	\$ 4,000.00	\$ 3,300.00
Technology	\$	4,079.00	\$ 5,500.00	\$ 3,500.00
Postage	\$	~	\$ 300.00	\$ 130.00
Telephone	\$	-	\$ 1,650.00	\$ 400.00
Total Program Support	\$	5,765.00	\$ 11,450.00	\$ 7,330.00
Occupancy**		4		
Office Space	\$	-	\$ 1,320.00	\$ 640.00
Computer Maintenance	\$	-	\$ 1,120.00	\$ 840.00
Facility Operations/Utilities/Insurance	\$	-	\$ 1,715.00	\$ 1,300.00
Total Occupancy	\$		\$ 4,155.00	\$ 2,780.00
Total Direct Expense	\$	51,296.00	\$ 76,307.00	\$ 41,668.00
Allocation of Administration - 15% in FY17, 14% in FY18 & FY19	\$	7,181.00	\$ 10,683.00	\$ 5,832.00
Total Program Expense	\$	58,477.00	\$ 86,990.00	\$ 47,500.00

\*10 Month Duration

#### ATTACHMENT B

### CORE FY18 Budget and Requested FY19 Budget

Line Item		F	Y18 Budget	F	Y19 Budget Request
Salary Expense		\$	36,257.00	\$	48,035.00
Program Oversight/Supervisi	on - 4 hrs in FY18 to 3 hrs in FY19				
Clinician(s) - 20 hrs in FY18 to	26 hrs in FY19				
Care Coordinator(s) - 3 hrs in	FY18 to 10 hrs in FY19				
Payroll Tax and Fringe Benefits		\$	2,923.00	\$	15,280.00
Total Personnel Expense		\$	39,180.00	\$	63,315.00
Other Direct Costs					
Staff Training	Professional development	\$	÷:	\$	500.00
Staff Mileage/Travel	Mileage paid at the prevailing IRS rate	\$	2,200.00	\$	2,660.00
Program Supplies		\$	500.00	\$	-
Total Other Direct Program Exp	ense	\$	2,700.00	\$	3,160.00
Program Support					
Advertising		\$	300.00	\$	-
Postage		\$	100.00	\$	-
Technology	Maintenance of the electronic medical record	\$	720.00	\$	720.00
Telephone		\$	400.00	\$	400.00
Professional Liability Insurance		\$	200.00	\$	-
Total Program Support		\$	1,720.00	\$	1,120.00
Occupancy					
Office Space Expense	Share of office space expense for CORE staff	\$	790.00	\$	640.00
Computer Maintenance	Monthly maintenance fee for computers support - EduComp	\$	600.00	\$	840.00
Facility Operations/Utilities/Insu	rance	\$	1,500.00	\$	1,100.00
Total Occupancy		\$	2,890.00	\$	2,580.00
Total Direct Expense		\$	46,490.00	\$	70,175.00
Allocation of Administration	Federally Approved Indirect Rate - 14% for FY18 and FY19	\$	6,510.00	\$	9,825.00
Total Program Expense		\$	53,000.00	\$	80,000.00

#### ATTACHMENT C

### FY19 Healthy Aging MV Budget Request

Line Item		Expense
Salary Expense	0.70	\$ 45,500.00
Program staff to mai	nage back office functions, support outreach and other communication	
Payroll Tax and Fringe Benefi	ts	\$ 20,469.00
Total Personnel Expense		\$ 65,969.00
Other Direct Costs		
Staff Training		\$ 400.00
Staff Mileage/Travel	Local mileage paid at the prevailing IRS rate	\$ 1,000.00
Total Other Direct Program E	xpense	\$ 1,400.00
Program Support		
Program Supplies and Materia	als	\$ 1,000.00
Total Program Support		\$ 1,000.00
Occupancy		
Office Space Expense	Share of office space expense for HAMV staff position	\$ 640.00
Computer Maintenance	Monthly maintenance fee for computer support provided by EduComp	\$ 840.00
Facility Operations/Utilities	Cleaning, maintenance, gas, electric, and water	\$ 1,300.00
Total Occupancy		\$ 2,780.00
Total Direct Expense		\$ 71,149.00
Allocation of Admin.	Federally Approved Indirect Rate - 14%	\$ 9,961.00
Total Program Expense		\$ 81,110.00
Less MV Commission Support	*	\$ (10,000.00)
Amount to Fund		\$ 71,110.00

<sup>\*</sup>Dependent on State funding beyond FY19

# three primary roles The oversight committee agreed HAMV plays



## AND PLANNER STRATEGIST



## COMMUNITY BUILDER



# **ADVOCATE**

- priorities / activities) implementation of strategic understanding, then guiding building a common wide planning (includes Lead elder needs community- •
- funding, incubate programs handoff program delivery) improve service/fill gaps Incubate programs to (i.e., identify needs, research
- driven decisions partners are making datafriendly data and ensure Collect and interpret age-
- Fundraise to support the work

Engage stakeholders to

increase partners

- communications Raise awareness and understanding via involved in the work
- Facilitate partners collaboration coordination/
- Align HAMV's efforts with others on the Island
- social, economic, and themselves and build **Build capacity** so elders political changes political will to make can advocate for
- action urgency for age-friendly Create a sense of
- Monitor age-friendly developments related policy
- change Advocate for policy

We discussed the challenges of one staff member fulfilling all these

# Services will play distinct roles using their expertise Structure proposal: Both the MVC & Community

# **MV Commission**

Role: provide planning support by doing population projections, collecting/analyzing data and policies, serving as a champion Island-wide and providing grantwriting support (boilerplate).

# Area expertise:

- Transportation
- Housing
- Economic development / employment

# **MV Community Services**

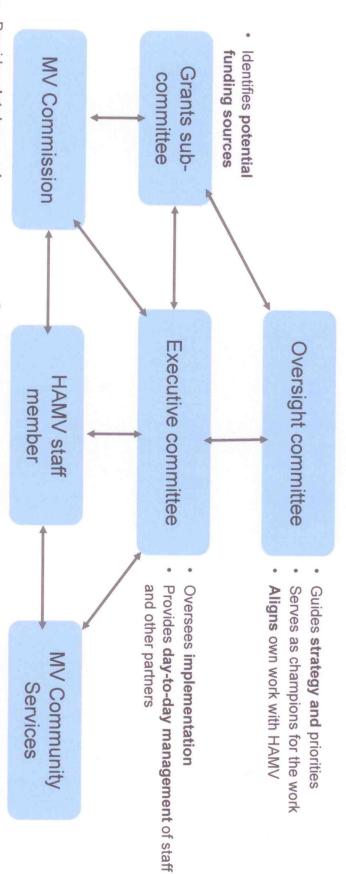
Role: provide back-office support and <u>capacity</u> by handling all financial functions (e.g., payroll, benefits, and reporting) and providing targeted support in the areas of communications / outreach and IT.

# Area expertise:

- Mental health
- Caregiver support
- CORE, 1st Stop, and CONNECT

# Community Services will support HAMV Structure proposal: MV Commission and MV

Healthy Aging Martha's Vineyard would be supported by the following structures.



- Provides data/research
- Provides **population forecasts**, tracks actual growth and helps with needs assessments
- Conducts policy analyses
- **Champions** aging as an Island-wide issue
- Provides grant-writing support

- Oversees strategy development
- Coordinates implementation and fine-tuning of pilots / programs with partners
- Synthesizes data / analysis to determine plans and next steps
- Conducts outreach and advocacy/policy
- Builds alignment and engagement
- Writes Grants

- Manages back office functions (e.g., payroll and reporting)
- Provides website and other communications support
- Supports outreach efforts
- Provides space

			FY2019 Requested Town Funding	d Town Funding	
		\$ 47,500.00 \$	80,000.00	\$ 71,110.00	\$ 198,610.00
Town	50/50 Allocation*	First Stop	CORE	Healthy Aging MV	Total
Aquinnah	2.84%	\$ 1,349.00	\$ 2,272.00	\$ 2,020.00	\$ 5,641.00
Chilmark	11.48%	\$ 5,453.00	\$ 9,184.00	\$ 8,163.00	\$ 22,800.00
Edgartown	31.96%	\$ 15,181.00	\$ 25,568.00	\$ 22,727.00	\$ 63,476.00
Oak Bluffs	21.00%	\$ 9,975.00	\$ 16,800.00	\$ 14,933.00	\$ 41,708.00
Tisbury	18.33%	\$ 8,707.00	\$ 14,664.00	\$ 13,034.00	\$ 36,405.00
West Tisbury	14.39%	\$ 6,835.00	\$ 11,512.00	\$ 10,233.00	\$ 28,580.00
Total	100.00%	\$ 47,500.00	\$ 80,000.00	\$ 71,110.00 \$	\$ 198,610.00

<sup>\* 50/50</sup> formula is based on population of each town and equalized valuation of property

# FirstStop

HAS

**EXPANDED!** 









FirstStop MV is an Island-wide reference guide for **all** social services, programs, activities and opportunities for **all ages** to help support the health and wellness of our Island community.

CONNECT

www.FirstStopMV.org

WITH US

info@FirstStopMV.org





774-549-0555

### A DIRECTORY OF INFORMATION INCLUDING:

Children/Youth Services
Disability Services
Domestic Violence Support & Advocacy
Educational and Social Opportunities
Emergency Services
Employment and Volunteering
Family and Caregiver Support
Family Planning

Financial Assistance
Food and Nutrition
Health and Wellness
Housing and Shelter
Legal Assistance
Mental Health and Substance Use
Senior Services
Transportation

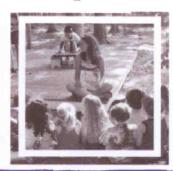
# FirstStop

FOI

**EXPANDIDO!** 









FirstStop MV é um guia de referência que abrange toda a ilha contendo todos os serviços sociais, programas, atividades e oportunidades para todas as idades ajudando a apoiar a saúde e o bem-estar da comunidade da ilha.

ENTRE EM

CONTATO

CONOSCO





www.FirstStopMV.org

info@FirstStopMV.org

774-549-0555

### UM DIRETÓRIO DE INFORMAÇÃO INCLUINDO:

Necessidades Básicas

Serviços para Crianças e Jovens

Serviços para Deficientes

Apoio & Advocacia para Vítimas de

Violência Doméstica

Oportunidades Educacionais e Sociais

Serviços de Emergêcia

Emprego e Voluntariado

Apoio aos Cuidadores e Familiares

Planejamento Familiar

Assistência Financeira

Alimento e Nutrição

Saúde e Bem-Estar

Habitação e Abrigo

Assistência Legal

Saúde Mental e Uso de Substância

Serviços para Idosos

Transporte

#### ATTACHMENT G

**Health Aging Accomplishments**: It's remarkable what the Island community has already started or accomplished in this Aging Friendly Island effort:

The 6 Island towns funded the \$1.6 million purchase (plus interest) of a permanent home for the MV Center for Living. The County facilitated the purchase and became the owner and manager of the building. This allowed the expansion of the Center's Supportive Day Program to 5 days a week. Towns are also contracting services for CORE (an in -home elder mental health counseling service) from MV Community Services (\$53,000 per year), and FirstStop MV, a staffed and online Information and Referral Service (\$86,990 per year) originally developed and piloted by HAMV as a service for Island Elders. They also fund the operating costs for My Senior Center, a management information and scheduling system designed for COAs that was also developed and purchased for them by HAMV.

- Edgartown re-bricked its sidewalks to make it safer for elders to get around Town, and several Towns have made beach access possible and/or safer by constructing walkways and providing special beach wheel chairs.
- MV Hospital is in the process of converting to the *Medical Home Model*, a patient –centered, comprehensive, coordinated, accessible and committed to quality and safety model for primary care. This shift should improve accessibility as well as quality of services to elders, as well as other island residents.
- ← Organizations like the YMCA (which added a Director of Senior Programs/Services) and Featherstone created new programs for elders, including Featherstone's support group for people with dementia.
- Based on the work of the HAMV Transportation Workgroup, the VTA has purchased special vehicles to help meet elders' off island medical travel needs in partnership with the MV Center for Living, as well as expanding on-island travel options for seniors.
- HAMV recruited, educated and mobilized 70 "Senior Advocates" to help build political support for HAMV programs and advocate for elder needs at Town Meeting and other venues in their Towns.
- HAMV received grants to pilot two evidence-based programs: The first, *Matter of Balance*, is a fall prevention program that continues to be offered at Island Health Center and the Y. The second, *Powerful Tools for Caregivers*, is a self-care education program that teaches caregivers tools and strategies to manage the challenges they face. It continues to be offered by the Island Health Center.
- HAMV made a presentation to all Town Planning Boards and Affordable Housing Committees about the growing elder housing crisis and the need to change zoning to create more options (e.g. accessory apartments, "visitability", and multifamily housing). Two towns subsequently added bylaws to permit accessory apartments and all towns are considering zoning changes to support creating elder and workforce housing options.
- HAMV held a National Association of Homebuilders training for Island Builders, Architects and Occupational Therapists to become "Certified Aging- in-Place Specialists" so they can help elders make home modifications needed to safely age in place.
- HAMV has participated in the island's Coalition on Substance Use Disorder (SUD), assuring that the special needs of elders facing the challenges of alcohol and opioids are being met.
- As a critical first step in the Planning Process, HAMV conducted a needs assessment of all Islanders over age 65+ in association with the Heller Institute at Brandeis University. This Senior Survey had a remarkable 49% response rate and the resulting picture of elders' views/needs provides an amazing resource for HAMV, the towns, service providers, advocates, and other collaborating organizations.