

As members of Martha's Vineyard's Healthy Aging MV Age and Dementia Friendly action team, we pledge to continue to take action to improve our community's dementia friendly capabilities, thereby optimizing the health, well-being and community engagement of people living with dementia and their care partners. We agree that every part of our community plays a role and together we can work to take steps to create a dementia friendly culture and facilitate the adoption of dementia friendly practices in all parts of Martha's Vineyard.

We now hereby sign this pledge as a sign of our commitment to continue in our efforts to make and sustain Martha's Vineyard, as a Dementia Friendly Community we agree to:

X Step 1: Create an Action Team\*\*; Identify a Leader or Co-Leaders - Make sure to include people living with dementia in your group as well as representatives from community sectors.

**X Step 2: Engage with Residents -** Identify your community's dementia-friendly needs. Review your community profile data to identify the needs of older people in your area. Find them at <u>mahealthyagingcollaborative.org/</u>

**X Step 3: Develop an Action Plan & Begin Implementation** - You don't have to tackle everything at once. After you have identified community's needs, you can begin addressing them.

- 1. Educate Community & governmental organizations, businesses: "Dementia Friends"
- 2. Oct 2021- March 2022: 100 individuals trained
- 3. Sept 2022-2023: continue to schedule trainings through fall and winter
- □ Step 4: Be Recognized for your Commitment Sign and Submit the DFM Pledge and Action Plan. Include elected officials and members of the team.
- □ Step 5: Celebrate Progress and look for ways to Continue to Improve Using the Action plan to guide them, communities can access and celebrate new progress and identify new opportunities.

Dated June, 2022	
Name & Affiliation	Signature
Leslie Clapp, Exec Director MVCL	
Cindy Trish, Exec Director HAMV	
Town of Aquinnah	
Town of Chilmark	
Town of Edgartown	
Town of Oak Bluffs	
Town of Tisbury	
Town of West Tisbury 6/1/2021	

Town of West Tisbury Dukes County Others:

\*\*(DF Action Team: Leslie Clapp, Mary Holmes, Rise Terney MVCL Board Pres., HAMV Rep, Caregiver, Person living w/dementia)